

'Spring loaded' shoes offer pain relief

Jigglin' George's of Hot Springs has been offering pain relief solutions for almost five years. Located downtown on Central Avenue across from the Quapaw Bathhouse, Jigglin' George's has fitted customers from all over the nation and many international visitors with their unique looking pain relief shoes. According to the store's press release, many customers drive in from Texas, Louisiana and from all four corners of Arkansas just to buy these shoes.

Z-Coil Pain Relief Footwear is specifically engineered for foot, leg, and back pain relief and are the "only real 'spring loaded' shoes." The inventor and founder, Al Gallegos, was an avid runner suffering from severe plantar fasciitis. He realized that the plantar fasciitis, heel spurs, and back problems he endured were caused by the

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impact his body was absorbing while running. Not satisfied with the quality of shoes available to him, he began his quest to develop footwear that would reduce the forces of impact while providing proper support. After years of trials and redesign, Z-Coil Footwear was born.

The shoes are designed with three main components in every pair including a built-in orthotic, exceptional forefoot cushioning, and the signature coil in the heel. The signature heel coil is a patented conical

steel spring that absorbs up to 50 percent of the impact from walking or running, according to tests conducted by the U.S. Department of Energy. It also delivers a 40 percent to 50 percent energy return, for that "spring in your step."

Other conditions the shoes may provide pain relief from include arthritis and joint pain, back pain and sciatica, immediate and long-term, and foot pain (heel spurs, plantar fasciitis, and forefoot pain). The shoes are popular with people who spend a significant amount of their day on their feet including medical professionals, factory workers, postal workers and more. They're even designed for runners and cut the shock incurred with each stride.

Jigglin' George's provides customers a free computerized foot analysis and gait analysis. They custom fits their shoes in-store to provide the best fit possible. Z-Coil offers a variety of styles including leather dress shoes and clogs, walking and running shoes, light duty work boots, hikers, and sport sandals.

Hours are 9 a.m.-5 p.m. Monday-Saturday. Call 627-0800 for more information.



VARIETY OF STYLES: Jigglin' George's owner Eddie Belin carries the "crazy looking" Z-Coil Pain Relief Footwear. These shoes were designed to relieve foot, leg, and back pain.

Submitted photo